

PHOENIX

A self help/support group for women

survivors of rape, sexual abuse

and sexual assault

(whether this happened recently or in the past)

This is a confidential service for women

Rape Crisis

(Wycombe, Chiltern and South Buckinghamshire)

Come and
spend time
with women
who have been
in a similar
situation
and understand

For more information

call the Helpline

to leave your name and contact details

on: **(01494) 46 22 22**

24 hour answer phone

We hold a variety of sessions
throughout the month:-

- evenings
- ◆- daytime
- some weekends



**Facilitated by a
female survivor**