

# Rape Crisis

(Wycombe, Chiltern and South Buckinghamshire)

**Independent  
Sexual Violence Advisor  
Service (ISVA)**

Was it my  
fault?

Who can  
I talk to?

Will anyone  
believe me?

I'm scared

I don't know  
what to do

Women Supporting  
Female Survivors  
of Rape, Sexual  
Assault & Childhood  
Sexual Abuse

Telephone Helpline .....

**01494 46 22 22**

(24 hour answer-machine)

**Sue** - m: 07887 875630  
e: [rapecrisis.isvasue@gmail.com](mailto:rapecrisis.isvasue@gmail.com)

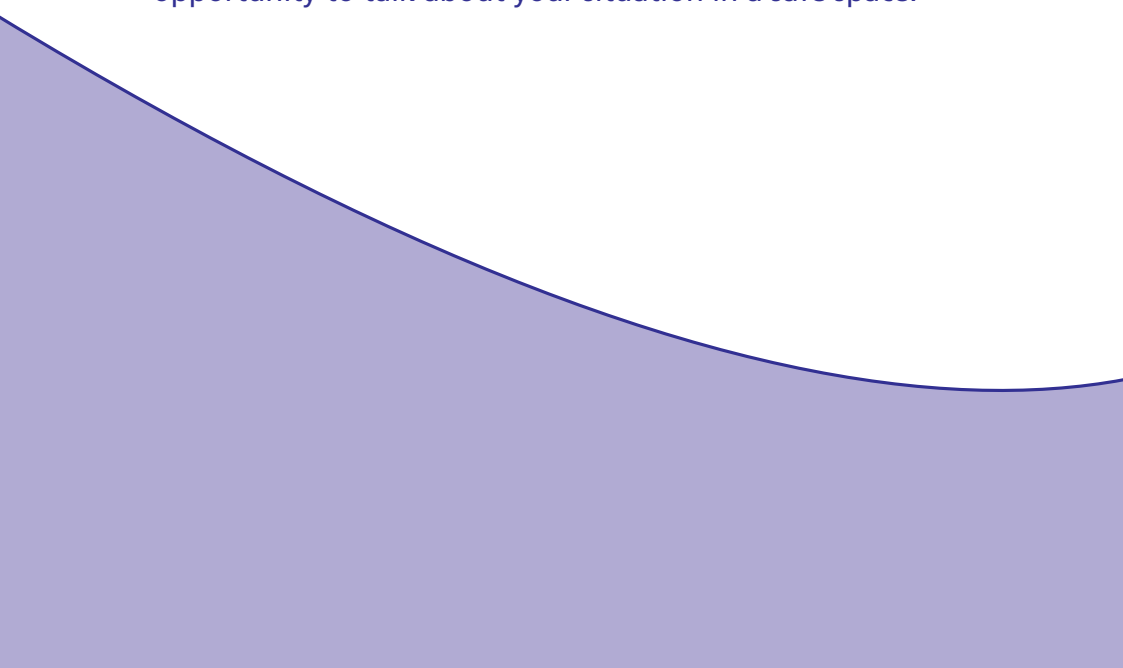
**Linda** - m: 07887 876122  
e: [linda.rcisva@gmail.com](mailto:linda.rcisva@gmail.com)

You can access non-judgemental  
support with or without  
informing the police

[www.wycomberapecrisis.org.uk](http://www.wycomberapecrisis.org.uk)

Rape Crisis (Wycombe, Chiltern & South Bucks) has appointed ISVA's to advise and support women or girls 16 years and over who have been raped or sexually abused. We can help whether it happened recently or at any time in the past.

## What can the service do for me?

- Help you decide if you wish to report to the police and give you information about the legal process and your rights. Your details will only be shared when you give your permission.
  - Support you if you have made a report to the police, in all stages of the legal process. If your case goes to court, she can be with you when you go to give evidence.
  - Assist you with contacts with the police and prosecution service.
  - Work with you if you do not wish to report to the police, but need help identifying what support you may need. The ISVA will help you to access that support. You will have the opportunity to talk about your situation in a safe space.
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- Listen to you, find out what your needs are, accompany and assist you to gain support from other agencies. For example; housing, health, addiction and specialist counselling through Rape Crisis.
- Work with you to identify what kind of support you require. Our ISVA's have links with services across the Thames Valley and will help you to access these services.
- See you at a confidential venue near you.
- Offer you a free open-ended service.

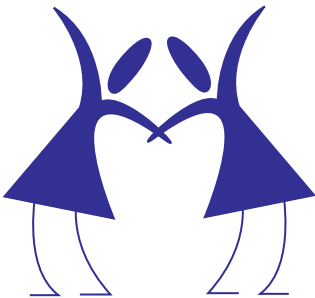
The ISVA's for Rape Crisis (Wycombe, Chiltern & South Bucks) in the Thames Valley are Sue Lemon and Linda Judge. You can contact Sue or Linda on our helpline on 01494 462222 (24 hour answer-machine), by mobile Sue 07887 875630, Linda 07887 876122, by email Sue - [rapecrisis.isvasue@gmail.com](mailto:rapecrisis.isvasue@gmail.com), Linda - [linda.rcisva@gmail.com](mailto:linda.rcisva@gmail.com), or via our website [www.wycomberapecrisis.org.uk](http://www.wycomberapecrisis.org.uk). We will get back to you as soon as possible and within 24 hours.

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Sexual Violence Advisor  
Service (ISVA)**

**WE LISTEN AND BELIEVE**



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Office: 01494 513823

Registered Charity no. 1051611

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